

Selina Kong:

Hi everyone, I'm Selina. A mom and entrepreneur.

Being strong, active and fit are vital for me to feel good and help me to manage the challenges of running a business.

When I box and work out it helps unlock my energy and potential. It makes me a better businesswoman.

Just like getting a personal trainer, sometimes we need an expert to give us a helping hand.

HSBC Jade supports me by providing access to the best advice from experts and helps strengthen my financial fitness.

I feel empowered to rise above the challenges ahead.